



KINESIOLOGY PRE-ALLIED HEALTH

GENERAL INFORMATION

Are you passionate about health and fitness? Consider pursuing a degree in Kinesiology. Kinesiology is the study of human movement and physical activity, and it can lead to various exciting career paths. Graduates of a Kinesiology program can become physical therapists, coaches, and more, working directly with individuals and communities to promote well-being and enhance performance. In an associate program in Kinesiology, you will learn about human anatomy, physiology, and biomechanics and develop an understanding of how these concepts relate to movement, equipping you with the knowledge and skills to make a positive impact on people's lives through the power of physical activity and optimal human performance.



SKILLS YOU'LL DEVELOP

- Anatomy Knowledge
- Exercise Physiology
- Patient Assessment
- Rehabilitation Techniques

POTENTIAL CAREERS

- Dental Hygiene
- Dietitian
- Emergency Medical Sciences
- Occupational Therapist
- Respiratory Therapist

Transfer pathways start at a Louisiana community college.

- Complete the first 60 credits on your transfer pathway at a community college
- Earn your associate degree
- Apply to a public Louisiana university that offers a bachelor's degree in Engineering
- Transfer in with a guarantee that all 60 credits will apply to your bachelor's degree



Kinesiology

Earn an associate degree on your way to transfer

your

FIRST 60 CREDITS IN KINESIOLOGY

Subject	Required Courses
Math	College Algebra Trigonometry
Natural Sciences	General Biology for Science Majors I and II Physics Anatomy and Physiology I and II
English	Composition 1 Composition 2
Humanities	Public Speaking Six credits of other humanities*
Kinesiology	Intro to Kinesiology
Social/Behavioral Science	Intro to Psychology Three credits of behavioral science*
Fine Arts	Three credits of fine arts*
Other (select twelve credits)*	Human Anatomy Physiology I and II Labs General Biology Lab for Science Majors I and II Physics Lab General Chemistry I and II for Science Majors General Chemistry Lab Medical Terminology Personal and Community Health First Aid Physical Activity Courses Kinesiology or Health Elective Management Information Systems Nutrition Intro to Statistics

did you know?

You can earn credit for a course through accelerated programs, like:

- Dual enrollment
- Advanced Placement
- International Baccalaureate
- Prior Learning Assessments
- College Level Examination Program

talk to an advisor

*Each student may select their preferred courses in these elective areas.

FINISH THE KINESIOLOGY PATHWAY AT THESE

INSTITUTIONS

- Grambling State University
- Louisiana State University
- LSU at Alexandria
- Louisiana Tech University
- Southeastern Louisiana University
- Southern University and A+M College
- University of Louisiana at Lafayette

