



KINESIOLOGY PRE-ALLIED HEALTH

GENERAL INFORMATION

Are you passionate about health and fitness? Consider pursuing a degree in kinesiology. Kinesiology is the study of human movement and physical activity, and it can lead to various exciting career paths.

Graduates of a kinesiology program can become physical therapists, coaches, and more, working directly with individuals and communities to promote well-being and enhance performance.

In an associate program in kinesiology, you will learn about human anatomy, physiology, and biomechanics and develop an understanding of how these concepts relate to movement, equipping you with the knowledge and skills to make a positive impact on people's lives through the power of physical activity and optimal human performance.

Transfer pathways start at a Louisiana community college.

- Complete the first 60 credits on your transfer pathway at a community college
- Earn your associate degree
- Apply to a public Louisiana university that offers a bachelor's degree in kinesiology
- Transfer in with a guarantee that all 60 credits will apply to your bachelor's degree



SKILLS YOU'LL DEVELOP

- Anatomy
- Patient Assessment
- Exercise Physiology
- Rehabilitation Techniques

POTENTIAL CAREERS

- Dental Hygiene
- Dietitian
- Emergency Medical Sciences
- Occupational Therapist
- Respiratory Therapist

DID YOU KNOW?

You can earn credit for a course through accelerated programs, like:

- Dual Enrollment
- Advanced Placement
- International Baccalaureate
- Prior Learning Assessment
- College Level Examination Program



Talk to an advisor at your college today!





FIRST 60 CREDITS IN KINESIOLOGY - PRE-ALLIED HEALTH

Subject	Required Courses	Common Course Numbers if applicable
Kinesiology	Intro to Kinesiology	CKIN 1013
English	Composition I and II	CENL 1013, CENL 1023
Fine Arts	One Fine Arts Elective*	
Humanities	Public Speaking Two Humanities Electives*	CCOM 2013
Math/Analytical Reasoning	College Algebra Trigonometry	CMAT 1213, CMAT 1223
Natural Sciences	General Biology for Science Majors I and II Physics Anatomy and Physiology I and II (see "Other" category below for note on labs)	CBIO 1033, CBIO 1043, CPHY 2113, CBIO 2213, CBIO 2223
Social/Behavioral Science	Intro Psychology One Behavioral Science Elective*	CPSY 2013
Other	Choose 12 credits from the courses listed below** Human Anatomy Physiology I and II labs General Biology Lab for Science Majors I and II Physics Lab General Chemistry I and II for Science Majors General Chemistry Lab Medical Terminology Personal and Community Health First Aid Physical Activity Courses Kinesiology or Health Elective Management Information Systems Nutrition Intro to Statistics	CBIO 2211, CBIO 2223 CBIO 1031, CBIO 1041, CPHY 2111, CCEM 1123, CCEM 1133, CCEM 1132, CHLT 1103, CBUS 2203, CBIO 2703, CMAT 1303

***Each student may select their preferred courses in these subject areas.**

****Students interested in pre-allied health (i.e. pre OT, PT, PA) are encouraged to review pre-requisites for the intended program of study as they select electives**

START AT ANY OF THESE COLLEGES:



FINISH AT ANY OF THESE UNIVERSITIES:

- LSU at Eunice
- South Louisiana Community College

- Grambling State University
- Louisiana State University
- LSU at Alexandria
- Louisiana Tech University
- Southeastern Louisiana University
- Southern University A&M
- University of Louisiana at Lafayette

